

Youth Sports... it's for the kids!

What role should the referee, coach and parents play?

REFEREES, COACHES and PARENTS together have an enormous impact on the lives of thousands of youth sports participants in the United States. How can we best serve the interests of these players?

This pamphlet was created in response to an overwhelming response to a number of questions asked about how the "adults" can positively impact youth sports participants. While each parent must be accountable for his actions and teach his own son or daughter to do the same, referees, coaches and parents form a trio of role models from which many of our young men and women learn behaviors that they will carry into adulthood. Cooperation, respect and maturity among the adults will encourage those qualities in the players.



Financial Assistance:

The Brentwood Family YMCA does not turn anyone away due to inability to pay membership or program fees. Funds made available for use in our financial assistance program are provided through our annual sustaining campaign, "We Build People".

Our Mission:
A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.

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Youth Sports
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Brentwood Family YMCA

Youth Sports

Referees...

Coaches...

Parents...



We're all in it together

Referees, Coaches and Parents: Role Models for Life

REFEREES: What can they do to make the game better for the players?

- 1) Know the rules.
- 2) Be professional; ie. on time, in proper uniform, prepared, fit, etc.
- 3) Study the game and the spirit of the game.
- 4) Attend trainings, meetings, clinics, seminars.
- 5) Show respect to the players, coaches, parents and spectators.
- 6) Explain rules, when needed.
- 7) Help less experienced referees.
- 8) Play the game to better understand it.
- 9) Seek evaluation from coaches/players.
- 10) Be assessed regularly.
- 11) Smile, enjoy the game.
- 12) Be firm, fair and honest.
- 13) Be consistent.
- 14) Accept only the number and level of assignment that can be done well.
- 15) Be neutral.
- 16) Know and use the proper procedures.
- 17) Always remain calm.
- 18) Take each game seriously.
- 19) Implement good management techniques.
- 20) Show courage and confidence; avoid arrogance.

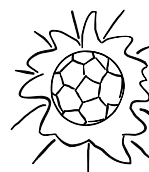
COACHES: What can they do to make the game more enjoyable for the players, and easier for the referee to manage?

- 1) Take a course on the rules of the game.
- 2) Be accepting of the referee's decisions.
- 3) Remain calm.
- 4) Do not make loud, offensive remarks.
- 5) Concentrate on coaching, rather than on the accuracy of the referee's decisions.
- 6) Be a role model of fair play.
- 7) Be positive; avoid confrontation with any official or parent.
- 8) During games, leave the decisions to the players.
- 9) Attend coaching classes to learn the most effective ways to conduct practices.
- 10) Give good guidelines to parents.
- 11) Set high standards.
- 12) Be firm with parents at games.
- 13) Teach skills and fair tactics.
- 14) Discourage unfair gamesmanship.
- 15) Communicate with parents often in meetings and social gathering.
- 16) Play the game and encourage parents to play and referee.
- 17) Referee games.
- 18) Delegate responsibilities.

PARENTS: What can they do to make the game more enjoyable for their children... and other people's children too?

- 1) Be knowledgeable of the game.
- 2) Encourage fair play at home.
- 3) Be supportive; ie. be sure the player attends practices; pick him/her up on time.
- 4) Attend games.
- 5) Be positive or quiet at games.
- 6) Be respectful; expect your own children to be respectful.
- 7) Focus on good nutrition.
- 8) Volunteer to help coach.
- 9) Become a referee.
- 10) Play the game.
- 11) Be calm and have good manners.
- 12) Support the coach's and referees decisions.
- 13) Encourage communication between coach and parent.
- 14) Ask your own children to describe his/her role, what new skills have been learned.
- 15) Watch practices; focus on new strategies.
- 16) Find sports DVD's/videos, watch them with children.
- 17) Concentrate on praising other people's children during games.
- 18) Read newspaper articles about older player's successes; provide models for your own children.

Referees come in contact with thousands of youth players every year. Their ability to influence fair play is greater than most other adults.



- For more information or questions, please go to our web site:
www.brentwoodymcasports.com
or call 373-YMCA (9622)

Parents' daily modeling of fair play, conflict resolution and the "golden rule" encourages players to calmly play with skill on the field.

CARING - HONESTY - RESPECT - RESPONSIBILITY